

Abstract of the Disclosure

[42] A bone fixation system may include a bone anchor having a proximal head and a distal portion configured to engage bone and a plate having at least one hole for receiving the bone anchor. At least one hole of the plate includes a plurality of concentric annular bores formed in the plate and at least one of the plurality of concentric annular bores is sized and shaped to engage the proximal head of the bone anchor to facilitate coupling of the bone anchor to the plate.